Attachment A. Learning Objectives

Core Standards

2.G.1.d. Utilizes self-care strategies appropriate to the counselor role.

2.G.1.e. Understands counseling supervision models, practices, and processes.

2.G.1.j. Understands ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.

2.G.3.d. Knowledge of theories and models of individual, cultural, family and community resilience.


2.G.5.c. Applies essential interviewing and counseling skills.

2.G.6.a. Understands principles of group dynamics, including group process components, developmental stage theories, group members’ roles and behaviors, and therapeutic factors of group work.

2.G.6.b Applies group leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles.

2.G.6.c. Has knowledge of theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature.

2.G.6.d. Utilizes group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness.

PLEASE NOTE: Our course, COUN 609 Theories and Techniques of Group Counseling is offered in the Spring semester, most often in conjunction with REHB 675 Clinical Experience (Internship). Check with your supervisee about their engagement in or completion of this course. If they are currently in the course, we recommend that they do not lead group work until after the midpoint of the semester.

Clinical Rehabilitation Counseling Standards/Learning Objectives

D.2. Demonstrates appropriate use of assistive technology principles to enhance client quality of life.

F.1. Uses disability-related principles and practices of diagnosis, treatment, referral, and wellness to initiate, maintain, and terminate counseling.
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<td><strong>F.6.</strong></td>
<td>Demonstrates the ability to recognize his or her own limitations as a rehabilitation counselor and to seek supervision or refer clients when appropriate.</td>
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<td><strong>H.2</strong></td>
<td>Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients with disabilities.</td>
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<td><strong>H.4</strong></td>
<td>Consults with and educates employers, educators, and families regarding accessibility, ADA compliance, and accommodations.</td>
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<tr>
<td><strong>I.1.</strong></td>
<td>Knows the principles and models of assessment, case conceptualization, theories of human development and concepts of wellness and pathology leading to diagnoses and appropriate counseling treatment plans.</td>
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<td><strong>I.2.</strong></td>
<td>Understands various models and approaches to clinical evaluation and their appropriate uses with clients with disabilities, including diagnostic interviews, mental status examinations, symptom inventories, psychoeducational and personality assessments, career assessments, and assessment for assistive technology needs.</td>
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<td><strong>J.1.</strong></td>
<td>Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.</td>
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<td><strong>J.2.</strong></td>
<td>Demonstrates skill in conducting intake interviews, mental status evaluations, biopsychosocial histories, and assessments for treatment planning.</td>
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<td><strong>J.3.</strong></td>
<td>Screens for danger to self and/or others, as well as co-occurring disabilities (e.g., intellectual disability and major depression; addiction and Hepatitis C).</td>
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<td><strong>J.4.</strong></td>
<td>Demonstrates ability to conduct work-related assessments (e.g., job analysis, work site modification, transferable skills analysis, job readiness, work hardening).</td>
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<td><strong>J.5.</strong></td>
<td>Demonstrates appropriate use of diagnostic tools, including the current editions of the DSM and ICD, to describe the symptoms and clinical presentations of clients with disabilities.</td>
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<td><strong>J.6.</strong></td>
<td>Differentiates between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.</td>
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<td><strong>N.1.</strong></td>
<td>Applies career theory and labor market information when working with people with disabilities across the lifespan.</td>
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<td><strong>N.2.</strong></td>
<td>Demonstrates skills and functional assessments based on client work history to obtain and maintain successful employment.</td>
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<tr>
<td><strong>N.3.</strong></td>
<td>Applies transferable skills and functional assessments based on client work history to</td>
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obtain and maintain successful employment.

Clinical Mental Health Counseling Standards

B. 1 Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.

B. 2 Applies knowledge of public mental health policy, financing, and regulatory processes to improve service delivery opportunities in clinical mental health counseling.

D. 1 Uses the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.

D. 2 Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.

D. 3 Promotes optimal human development, wellness, and mental health through prevention, education, and advocacy activities.

D. 4 Applies effective strategies to promote client understanding of and access to a variety of community resources.

D. 5 Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.

D. 6 Demonstrates the ability to use procedures for assessing and managing suicide risk.

D. 7 Applies current record-keeping standards related to clinical mental health counseling.

D. 8 Provides appropriate counseling strategies when working with clients with addiction and co-occurring disorders.

D. 9 Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.

E. 3 Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders.

F. 1 Maintains information regarding community resources to make appropriate referrals.
F. 2 Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients.

F. 3 Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations.

H. 1 Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.

H.1 Maintains information regarding community resources to make appropriate referrals for clients with disabilities.

H. 2 Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.

H. 3 Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.

H. 4 Applies the assessment of a client’s stage of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria within the continuum of care.

J. 1 Applies relevant research findings to inform the practice of clinical mental health counseling.

J. 2 Develops measurable outcomes for clinical mental health counseling programs, interventions, and treatments.

J. 3 Analyzes and uses data to increase the effectiveness of clinical mental health counseling interventions and programs.

K.1 Knows the principles of the diagnostic process, including the differential diagnosis, and the use of the current diagnostic tools, such as the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM).

L. 1 Demonstrates appropriate use of diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentation of clients with mental and emotional impairments.

L. 2 Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.

Please note: Experience in individual and/or group counseling is required for the clinical experience. This includes counseling people with disabilities as part of the rehabilitation
counseling specialization; and counseling people with mental health diagnoses as part of the mental health counseling specialization.